

CALLING ALL PRIMARY CARE COLLEAGUES

Advice for carers during the coronavirus outbreak

Caring for someone can be difficult at times and even more so during COVID-19 (coronavirus). That's why looking out for our unpaid carers during this time is even more **crucial**.

Here are the key organisations that will support and sign post carers

Carers Resource Information and Support (CRISP) for Bournemouth, Poole and Christchurch. They offer advice, information and guidance relating to the coronavirus.

Call : 01202 458204

Website: www.crispweb.org

BCP Council / Together We Can COVID-19:

Have a dedicated helpline. The phone line is open from 8am to 8pm, seven days a week.

Helpline: 0300 1237052

Website: <https://www.bcpccouncil.gov.uk/Home.aspx>

Dorset Council

Support and information can also be accessed from the local council.

Call: 01305 221016

Website: <https://www.dorsetcouncil.gov.uk/care-and-support-for-adults/information-for-carers/support.aspx>

If you have concerns that someone does not have any support networks to obtain essential amenities such as food and medicine. Call Dorset council helpline **on 01305221022, 8am to 8pm**, 7 days a week to get specific help and advice, alternatively the can be emailed on:

communityresponse@dorsetcouncil.gov.uk

Carer Support Dorset

They offer help and support to carers and have a friendly team who can be called on: **0800 3688349**

Website: www.carersupportdorset.co.uk/

The Leonardo Trust

They have launched a Carers COVID-19 helpline to offer practical, financial and emotional support to all carers in Dorset who need help during the coronavirus pandemic.

Tel: 01202 698325 Monday to Friday 10-00am to 2-00pm

Website: www.leonardotrust.org

Age UK

This service is for older people, their families, friends and carers.

They have a helpline open: every day of the year, 8am to 7pm.

Call 0800 055 6112

Age UK are coordinating requests for help with issues relating to loneliness and isolation, or support in accessing items such as food, cash or medication. Support is available to all residents within the Dorset Council area.

To request help call **01305269444**

Email: enquiries@ageuknswd.org.uk